



Term 2 2019

Swim Lesson Timetable

SQUADS/ADULTS



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stroke 25/50	4pm	5pm	4.30pm 5.30pm	3.30pm		8.30am 10.45am	
Stroke 100/200		5pm		5pm		11.30am	
Stroke 400						9am (45min)	
Junior Squad	5pm (1 hr)		3.30pm (1 hr)			9.45am (1 hr)	
Swim Squad							
Adult Beginner		6pm		6pm			
Adult Breather	11am			6pm			
Adult Advanced	10am						

LESSONS RUN ONCE A WEEK COMMENCING MONDAY 29 APRIL 2019

subject to changes

Stanmore Bay Pool and Leisure Centre
 159 Brightside Road, Stanmore Bay
 09 424 9227
 stanmorebayswimschool@aucklandcouncil.govt.nz



aucklandleisure.co.nz
 @stanmorebaypools

