



Babies and Toddlers

By bringing your child to swimming lessons you are not just giving them a head start in becoming confident and safer around water, you are also providing them with a great opportunity to develop strength, hand eye coordination, spatial awareness and confidence.

We offer three levels for our babies and toddlers and they all require in water participation from a parent or caregiver. Our levels have an indication of age specific groups however each child will be placed in a suitable class based on their ability and previous experience in the water, this way we can ensure the child is receiving the most out of each class which will be beneficial to their learning and aquatic experience.

We encourage you to bring your child into our aquatic environment and have fun. There is no reason why you can't take the activities and exercises learnt with our instructors in to the other pools and continue to practice. Just like any activity, practice will only improve the results of the activities that you perform in the pool with the instructors. Remember in all babies and toddlers classes you are leading your child. If they can jump off the side and swim two meters to you, allow them to do so safely. Sensibly pushing the boundaries of their abilities in a safe environment will challenge them, help them to learn and further develop their skills.

Manurewa Learn To Swim
10 Sykes Road, Manurewa
09 269 0931
aucklandleisure.co.nz

Babies: 6 - 12 months

Duration: 30 minutes

Ratio: Maximum 8

Achievable Goals

- Confidence and enjoyment
- Water awareness
- Introduction to cues
- Setting a routine and identifying class structure

Toddler Beginner: 1 - 2 years

Duration: 30 minutes

Ratio: Maximum 8

Achievable Goals

- Monkey walking
- Responding to cues
- Submersion
- Assisted back float
- Safe entry and exits

Toddler Advanced: 2 - 3 years

Duration: 30 minutes

Ratio: Maximum 8

Achievable Goals

- Independent U-Turns
- Unassisted back float
- Push, glide to wall and climb out
- Assisted horizontal rotation
- Assisted vertical rotation