

About West Wave

West Wave is located right in the heart of Henderson. We have something for everyone, from a hydroslide, diving pool and wave pool through to a steam room, sauna, hydrotherapy pool and 50m lap pool.

For swimmers with accessibility needs, a water wheelchair is available for the Hydrotherapy pool.

We have multiple recreation options, including, a large indoor recreation centre for after school care, holiday programmes, recreation programmes and to hire for your event.

West Wave is close to cycling and walking paths and a range of local parks including the wonderful Tui Glen Reserve.

Our team is passionate about supporting people from all walks of life and all levels of ability on their fitness journeys.

School holiday programmes

Make sure your child/ren has a fun, safe and exciting holiday break by enrolling them in our holiday programme. Our programme is inexpensive and heaps of fun! Activities include sports, day trips and arts n' crafts.

We are MSD approved and registered, and families may be eligible for a full or partial WINZ Family Support Subsidy. Contact Work and Income on 0800 559 009 to find out if you're eligible.

Contact: reccentre@aucklandcouncil.govt.nz for more information

Birthday Party Packages

West Wave Recreation Centre offers 3 party packages.

Party Package 1--\$209.50 includes: party room, sport court, equipment and staff member.

Party Package 2--\$245.50 includes: party room, sport court, 10x hydroslide and 5x adult swim passes.

Party Package 3--\$302.50 includes: party room, exercise court, equipment and staff member, 10x hydroslide passes, 5x adult swim passes

Contact: westwavebookings@aucklandcouncil.govt.nz for times and availability.

Our pool and leisure centres

Central

- Tepid Baths, Auckland | 09 379 4745

North/West

- ActivZone Indoor Sports Arena, Glenfield
09 444 6340
- Birkenhead Pool and Leisure Centre
09 484 7296
- Glenfield Pool and Leisure Centre
09 484 8123
- Takapuna Pool and Leisure Centre
09 890 8465
- East Coast Bays Leisure Centre, Browns Bay
09 478 3379
- Stanmore Bay Pool and Leisure Centre
09 424 9227
- West Wave Pool and Leisure Centre,
Henderson | 09 892 4900

South/East

- Allan Brewster Leisure Centre, Papatoetoe
09 262 5965
- Howick Leisure Centre | 09 261 8436
- Manurewa Leisure Centre | 09 261 8302
- Pakuranga Leisure Centre | 09 261 8391
- Te Matariki Clendon Community Centre
09 261 8080
- Ōtara Pool and Leisure Centre | 09 274 6917
- Moana-Nui-ā-Kiwa Pool and Leisure Centre
09 261 8040
- Manurewa Pool and Leisure Centre
09 269 0930
- Lloyd Elsmore Park Pool and Leisure Centre,
Pakuranga | 09 535 5502
- Papatoetoe Centennial Pool and Leisure
Centre | 09 278 4167
- Marina Fitness, Half Moon Bay | 09 534 3590

aucklandleisure.co.nz



AUCKLAND COUNCIL POOLS AND LEISURE

Term programmes and activities

West Wave Pool and Leisure Centre

20 Alderman Drive, Henderson

Email: reccentre@aucklandcouncil.govt.nz

aucklandleisure.co.nz





West Wave Term Programmes and Activities for Term 3, 2026

Activity	Description	Day	Time	Age	Cost
Futsal	An introduction of fundamental futsal skills in a fun, inclusive environment. The goal is build confidence, coordination and teamwork. We aim to create a pathway to ongoing sport participation. Starting Date: 30 July (8 weeks)	Thur	4pm-5pm	6-9yrs	\$72.00 per term (8 weeks)
Beginner Recreational Gymnastics	Our recreational gymnastics programme introduces children to fundamental skills on the floor, bar, and beam. Each class includes a fun warm-up, body conditioning to build strength and flexibility, and skill-based activities that develop coordination and confidence. Perfect for young gymnasts looking to learn and grow in a supportive environment! Starting Date: 27 July (8 weeks) (5-7yrs) and 5 August (8-10yrs) (8 weeks)	Mon Wed	3:45pm-4.30pm 4:45pm-5.30pm	5-7yrs 8-10yrs	\$72.00 per term (8 weeks)
Tāngata Whaikaha / Active Movement	Active Movement is designed for the 18 years and over Tāngata Whaikaha (special needs) community to keep bodies in motion, learn new activities/skills, and to socialise. There are many modified and adapted activities to suit participants of all abilities. We operate during school term times and Carer Support engagement is compulsory . Please contact Hitomi Shimazu at hitomi.shimazu@aucklandcouncil.govt.nz Starting Date: 24 July (10 weeks)	Fri	10.30am-12pm	18+ yrs	\$6.40 per session Or \$57.60 for 10 pass concession card
Sensory Integration	Sensory Integration is designed for the 18 years and over Tāngata Whaikaha (special needs) community focusing on using all 5 senses to interpret our environment through individual and group activities while socialising and having fun. Participants engage in group activities, as well as individual, with carer support. Come join us to explore the world through the senses. We operate during school term times and Carer Support engagement is compulsory . Please contact Hitomi Shimazu at hitomi.shimazu@aucklandcouncil.govt.nz Starting Date: 24 July (10 weeks)	Fri	12:45pm-1:45pm	18+ yrs	\$6.40 per session Or \$57.60 for 10 pass concession card
Sporty Seniors	We offer Pickleball, Table Tennis, and Badminton for our Senior community. Come and enjoy exercise in a fun and social setting. Equipment supplied. Casual entry fee of \$7.30 per session. Starting Date: 28 July (8 weeks)	Tues	11am-12pm	60+ yrs	\$7.30 per Session (8 weeks)
Gym Fun	Gym Fun gives your young child a chance to move, free play, explore and discover movement through exciting gymnastics equipment and lots of active fun! Children will build confidence, discover new movements and burn off energy in a safe and playful environment. Starting Date: 28 July (8 weeks)	Tues	10am-12pm	1-4 yrs	\$5.30 per session (8 weeks)

Enrolment information

Book on our online portal for term activities that require enrolment into the programme , or you use the form on our website and bring in to reception at the centre. <https://www.aucklandleisure.co.nz/locations/west-wave-pool-and-leisure-centre/#activities>