

# Rock Wall at Birkenhead Pool & Leisure Centre

Indoor rock climbing is exhilarating, challenging, healthy and fun!

All ages, levels and abilities are welcome. Our awesome instructors will make sure you know what to do and that you're completely comfortable before you set off on the walls.

You can hire climbing equipment, and free instruction is provided for beginners.

## Training wall (5m)

The 5m vertical top rope is where we teach how to climb and belay.

## Top rope wall (10m)

The top rope wall is where the majority of our climbing is done. We have 23 lines with over 60 climbs.

## Bouldering

Climbers are able to 'free' climb — no harness or safety rope required — to a height of 3m on the top rope and lead wall.

## Lead wall (12m)

Our lead wall is for advanced climbers. All climbers must have their skill level assessed by our staff to obtain a lead licence (free of charge) to lead climb.

# School holiday programmes

Make sure your child/ren has a fun, safe and exciting holiday break by enrolling them in our holiday programme. Our programmes are inexpensive and heaps of fun! Activities include swimming, sports, rock climbing, day trips, and arts'n'crafts.

We are MSD approved and registered, and families may be eligible for a full or partial WINZ Family Support Subsidy. Contact Work and Income on 0800 559 009 to find out if you're eligible.

# Our pool and leisure centres

## Central

- Tepid Baths, Auckland | 09 379 4745

## North/West

- ActivZone Indoor Sports Arena, Glenfield  
09 444 6340
- Birkenhead Pool and Leisure Centre  
09 484 7296
- Glenfield Pool and Leisure Centre  
09 484 8123
- Takapuna Pool and Leisure Centre  
09 890 8465
- East Coast Bays Leisure Centre, Browns Bay  
09 478 3379
- Stanmore Bay Pool and Leisure Centre  
09 424 9227
- West Wave Pool and Leisure Centre,  
Henderson | 09 301 0101

## South/East

- Allan Brewster Leisure Centre, Papatoetoe  
09 262 5965
- Howick Leisure Centre | 09 261 8436
- Manurewa Leisure Centre | 09 261 8302
- Pakuranga Leisure Centre | 09 261 8391
- Te Matariki Clendon Community Centre  
09 261 8080
- Ōtara Pool and Leisure Centre | 09 274 6917
- Moana-Nui-ā-Kiwa Pool and Leisure Centre  
09 261 8040
- Manurewa Pool and Leisure Centre  
09 269 0930
- Lloyd Elsmore Park Pool and Leisure Centre,  
Pakuranga | 09 535 5502
- Papatoetoe Centennial Pool and Leisure  
Centre | 09 278 4167
- Marina Fitness, Half Moon Bay | 09 534 3590



AUCKLAND COUNCIL POOLS AND LEISURE

# Recreation Term programmes

Birkenhead Pool and Leisure Centre



# Term 2 programmes

29 April to  
5 July 2024

Our programmes are run with fully qualified first aid trained staff.



## Programmes available - catered to your needs

Talk to our staff about developing a specialised programme just for your group or school. For all ages from pre-school, child/youth to adult. Prices on application.

Call our team on 09 484 7290 or email [eotc@aucklandcouncil.govt.nz](mailto:eotc@aucklandcouncil.govt.nz)



Activity	Description	Day	Time	Age	Cost
Adult lead climbing course	If you are 16yrs+ and have been top roping for a while and think it might be a good time to learn to lead climb, look no further than our adult lead climbing course. Our course is run as a 4-week block course, where we will set you up with all the skills and know-how to get you started on your lead climbing journey. Harness, shoe and rope hire included.	Monday • 6 May - 27 May • 10 June - 1 July Tuesday • 7 May - 28 May • 4 June - 25 June	7:00pm - 8:30pm	16yrs +	\$21.50 per session  +entry fee or membership.
Kids social climbing class	Do your children enjoy climbing? This program is perfect for them! Enrol your kids in a well-organised and enjoyable after-school program. Verified climbing coaches from Birkenhead will lead the program, teaching your children essential climbing techniques, enhancing their strength and confidence, and helping them make new friends who share their love for climbing.	Monday Tuesday Friday	4:00pm - 5:30pm	8yrs-12yrs	\$15.00 per session
Youth social climbing class	If you enjoy climbing for the social and recreational aspect, this program is ideal for you. Verified climbing coaches from Birkenhead will lead the program and teach you advanced climbing techniques and skills to improve your own climbing abilities. Moreover, you will develop teamwork skills, gain self-confidence and most importantly have a great time.	Tuesday Friday	5:30pm - 7:00pm	12yrs-18yrs	\$15.00 per session
Youth development climbing	Are you a current or aspiring rock climber enthusiast seeking to enhance your technical skills in a range of climbing disciplines? Youth development climbing is designed for individuals who are dedicated to improve their climbing abilities through rigorous training and development. This class is suitable for those aged between 13yrs-18yrs, who possess prior experience or an interest in participating in lead climbing.	Monday	5:30pm - 7:00pm	13yrs-18yrs <i>(8yrs - 12yrs considered)</i>	\$15.00 per session
Group fitness classes	Get in shape with our range of group fitness classes such as Energy HIIT, Energy Power. View the entire timetable on our website <a href="http://www.aucklandleisure.co.nz">www.aucklandleisure.co.nz</a>			13yrs +	\$9.00 per person \$81.00 10-visit pass

